



Ensure healthy lives and promote well-being for all at all ages



25,986

actions of students at FPT University have supported the goal of “Good Health and Wellbeing” - SDG 3



1,465

actions of lecturers and employees at FPT University have supported the goal of “Good Health and Wellbeing” - SDG 3

The “What is your happiness?” short film contest



FPTU organized a short film contest “1 Minute To Shine” with the theme “What is your happiness?”. The contest has drawn more than 45 competition teams’ participation from FPTU and other universities.

Research on health and well-being



FPTU lecturers and students presented research papers related to relying on AI to reduce pressure on the shortage of human resource and increase productivity in medical field at the conference ISICO.

Share sports facilities with the local community



FPTU provides free access to Vovinam dojos for all students nationwide. Especially, FPTU Vovinam dojos became the popular Vovinam competition venue for domestic and regional tournaments.

The “Brothers and Sisters” Program

Brothers and Sisters club was established in 2017 by FPTU senior students. The club organizes an annual program that supports freshmen as they adjust to their new learning environment at FPTU. In this program, FPTU seniors help first year students adapt to the new living and learning environment and overcome culture shock. By 2022, the club has 190 members and each member taking care of a group of freshman.



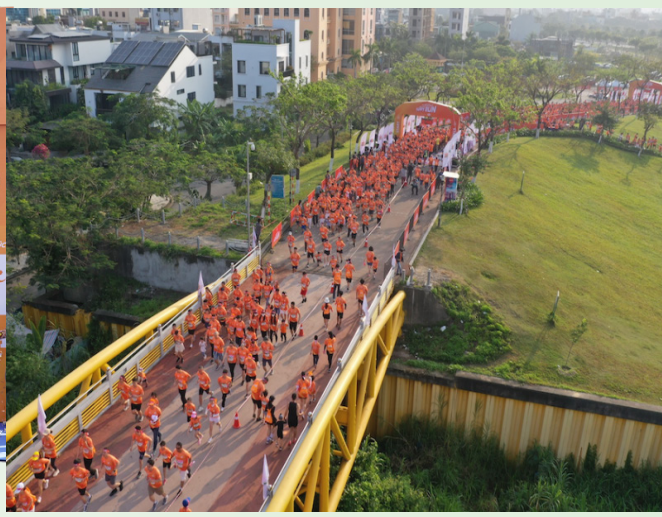
Counseling psychology project “Ho sen cho ai”



Since 2021, the university has organized the program of psychological counseling known as “Ho sen cho ai” to provide students with access to mental health support. By 2022, the project has implemented 80 talk shows with the different topics related to student psychology. Each talk show has the participation of 80-100 FPTU students and off-campus students. In the series of talk show, participants will hear inspiring stories about find yourself and overcome mental health struggles. Students now have a place to go when they need empathy for depressing, negative, or stuck emotions.

This program for mental health support is incredibly effective and helps FPTU and off-campus students develop spiritual values.





“Happy Run” Fundraising Program

FPTU carried out a series of “Happy Run” activities for 6 months. This activity not only helps improve health but also contributes to the Hope Fund to support orphans. Specifically, FPT Education ran more than 407,000 km, which contributing 400 million VND to the Hope charity fund.



No Smoking Day

FPTU held “No Smoking Day” parade to raise local people’s awareness on tobacco misdeeds an anti-smoking in Can Tho city.



Blood Donations for Philanthropic Purposes

Because of ensuring the blood supplies for emergency treatment, FPTU have regularly organized “Blood Donation” programs for philanthropic purposes.